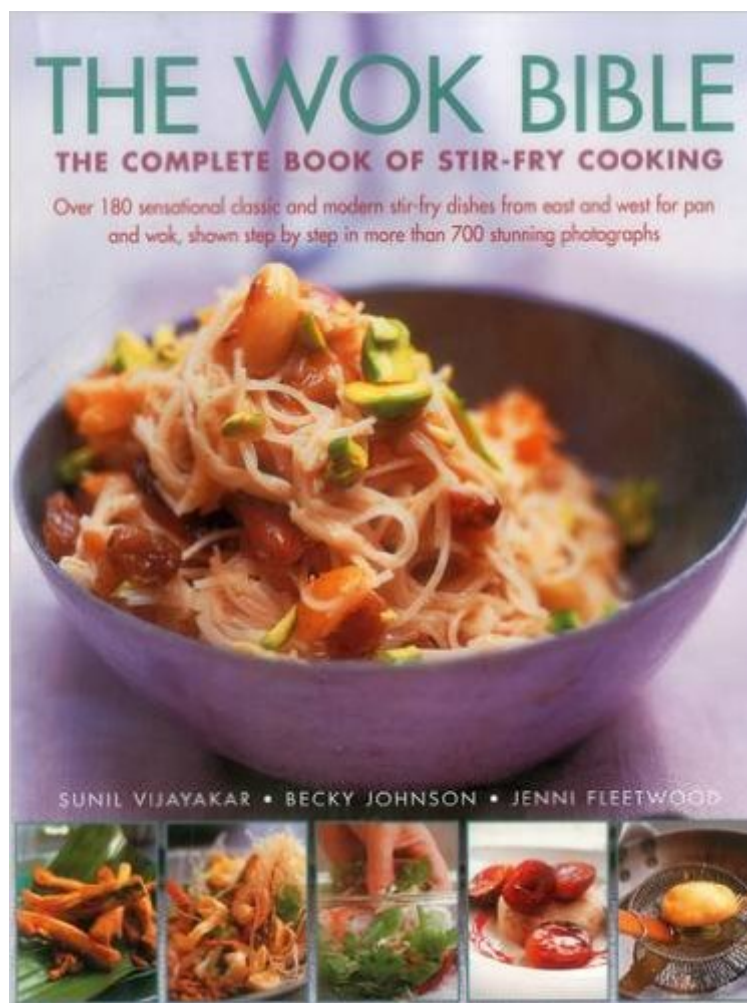


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# The Wok Bible: The Complete Book Of Stir-Fry Cooking



## Synopsis

180 sensational stir-fry dishes from east and west for pan and wok, with 700 photographs.

## Book Information

Hardcover: 256 pages

Publisher: Lorenz Books; Reissue edition (February 7, 2016)

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Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #837,098 in Books (See Top 100 in Books) #80 inÂ Books > Cookbooks, Food & Wine > Asian Cooking > Wok Cookery #207 inÂ Books > Cookbooks, Food & Wine > Asian Cooking > Chinese #2468 inÂ Books > Cookbooks, Food & Wine > Kitchen Appliances

## Customer Reviews

I love this book. I have had it for years when I bought it at Borders. My favorite recipe is the chicken and pork adobo. It is a family favorite now. I noticed mainly the recipes are Thai, Filipino, Japanese and Chinese. The Chinese leaf, meatball and noodle broth is really delicious too. Not too hard to make these recipes even though they do have some preparation time to them.

A lot of the Asian cookbooks I've had so far have soup, dumpling, meat and veg dishes, but not much variety in noodle and rice dishes. This one finally gives me a decent variety! Some recipes may need to be adjusted for sugar content (to taste) but the noodles and fried rice dishes alone make this worth the money. The recipes seem to be primarily Chinese and Southeast Asian.

We received this book as a Christmas gift last year and have spent the past year exploring the amazing recipes within. We received rave reviews at our dinner party last night where we made salmon, sesame and ginger fish cakes as well as the lettuce parcels from an international group of friends who are a little intimidated by wok cooking styles. My favorite recipe is the spiced halibut and tomato curry and ginger - it is amazing every time! This book is a very diverse collection of wok recipes and the most frequent book I turn to in my kitchen.

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